



Pakistan Association of Dermatologists Conference

PADCON 2024

REVOLUTIONIZING DERMATOLOGICAL CARE

15th to 17th November 2024 | Expo Centre Lahore

**SCIENTIFIC
PROGRAM**



**Conference
Secretariat**

Dermatology Department, Allama Iqbal Medical College, Jinnah Hospital, Lahore
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FRIDAY - 15TH NOVEMBER, 2024

HALL A

PARALLEL SESSION 1

08:30 AM – 10:00 AM

THE MIND AND SKIN CONNECTION (PSYCHODERMATOLOGY)

Panel of Experts: Prof. Altaf Qadir, Prof. Sabrina Sohail Pal, Prof. Abdul Raheem Khan
 Brig. Dr. Rehan Uddin (R), Prof. Tahir Jamil, Dr. Naima Niaz

Moderators: Dr. Haseeb Ahmad, Dr. Humna Babar

TIME	TITLE	SPEAKER
08:30 am to 08:50 am	Approach to a patient with Psychocutaneous Disorder: From a Psychiatrist's Point of View	Prof. Mohammad Jafferany (USA)
08:50 am to 09:10 am	Colorism: The Ice berg underlying Whitening craze in Pakistan	Prof. Tanzila Khalid
09:10 am to 09:30 am	Quality of Life Index in Patients with Vitiligo: Multi Center Experience from Pakistan	Dr. Saadia Tabassum
09:30 am to 09:40 am	Cosmetic Camouflage in improving quality of life in Dermatologic disorders	Dr. Saelah Batool
09:40 am to 10:00 am	Panel Discussion (Q &A)	

HALL B

PARALLEL SESSION 1

08:30 AM – 10:00 AM

THE ART AND SCIENCE OF DERMATOSCOPY

Panel of Experts: Prof. Azam Bukhari, Prof. Ijaz Hussain, Dr. Arfan-ul-Bari, Brig. Tariq Malik,
 Prof. Sara Inayat, Dr. Shoukat Memon

Moderators: Dr. Faiza Iftikhar, Dr. Wajeeha Nusrat

TIME	TITLE	SPEAKER
08:30 am to 08:50 am	Trichoscopy: Basics to Brilliance	Dr. Hina Mazhar
08:50 am to 09:20 am	Visualizing Skin Cancers: Mastering Dermoscopy	Dr. Aisha Ghais
09:20 am to 09:50 am	Dermoscopy Decoded: Cracking the Code of Skin lesions	Dr. Huma Jaffar (Canada)
09:50 am to 10:00 am	Panel Discussion (Q &A)	

FRIDAY - 15TH NOVEMBER, 2024

HALL A

PARALLEL SESSION 2

10:00 AM - 11:30 AM

JAKs & MASTERS

Panel of Experts: Prof. Muhammad Jahangir, Prof. Nadia Ali Azfar, Prof. Uzma Ahsan, Dr. Shehla Shauket, Dr. Sumera Rashid, Dr. Naveed Bloch

Moderators: Dr. Farhana Nazir, Dr. Amina Tariq

TIME	TITLE	SPEAKER
10:00 am to 10:30 am	OF JAKS & Masters – A new Era in Dermatology	Prof. Abrar A Qureshi & Dr. Ahmed Bilal Naim (USA)
10:30 am to 11:00 am	Opportunities and Avenues for Dermatologists in the USA (Open House Discussion)	Prof. Abrar A Qureshi & Dr. Ahmed Bilal Naim (USA)
11:00 am to 11:20 am	JAK Inhibitors - Our experience in Pakistan	Prof. Haroon Nabi
11:20 am to 11:30 am	Panel Discussion (Q &A)	

HALL B

PARALLEL SESSION 2

10:00 AM - 11:30 AM

DERMATO-ONCOLOGY / ARTIFICIAL INTELLIGENCE

Panel of Experts: Col. Ahsan Hameed, Prof. Tahir Jamil, Dr. Agha Nasarullah, Dr. Bushra Bashir, Dr. Uzma Sarwar, Dr. Zafar Ullah Khan, Dr. Riaz Khan

Moderators: Dr. Saima Shahid, Dr. Mah-e-Neema

TIME	TITLE	SPEAKER
10:00 am to 10:15 am	Clinical Trials	Dr. Huma Khan (Canada)
10:15 am to 10:30 am	A multicentric study of cutaneous malignancies	Prof. Aneela Asghar
10:30 am to 10:45 am	AI tool Dermatology: The future of precision and personalized care	Dr. Shehla Shoukat
10:45 am to 11:00 am	Cutaneous Hematological Malignancies: Cutaneous Lymphoma and Leukemia Cutis Experience of a Tertiary Care Institute	Dr. Shakila Junaid

FRIDAY - 15TH NOVEMBER, 2024

11:00 am to 10:15 am	Fostering Digital Healthcare in Dermatology: An Interventional pilot study regarding application of smart phone technology in disease awareness and treatment compliance in patients of scabies	Dr. Hajira Butt
11:15 am to 11:30 am	Panel Discussion (Q &A)	

HALL A

PARALLEL SESSION 3

11:30 AM – 01:00 PM

PAEDIATRIC DERMATOLOGY DEDICATED TO DR. YASMEENA KHAN MOTHER OF PAEDIATRIC DERMATOLOGY

Panel of Experts: Prof. Shahbaz Aman, Prof. Tariq Rasheed, Prof. Muhammad Shahid,
 Prof. Farhana Muzaffar, Prof. Lamees Mahmood Malik, Dr. Rafiullah Asim Rafique Qureshi
Moderators: Dr. Mehwish Jahangir, Dr. Samia Aslam

TIME	TITLE	SPEAKER
11:30 am to 11:35 am	Tribute Video of Dr. Yasmeena Khan	
11:35 am to 11:45 am	More Than Skin Deep: Navigating Psychological Challenges of Chronic Skin Disease in Paediatric Patients	Prof. Faria Asad
11:45 am to 11:55 am	Hype or Vile? Perception, Awareness & Practice attitudes of General Practitioners about Paediatric dermatology-A national survey	Dr. Uzma Amin
11:55 am to 12:05 pm	New frontiers in Paediatric Skin Treatment: Therapeutic advances	Dr. Amina Iqbal
12:05 pm to 12:15 pm	Ciclosporine Monotherapy in Paediatric Patients of Steven Johnson Syndrome / Toxic Epidermal Necrolysis	Dr. Madiha Hanif
12:15 pm to 12:25 pm	Burden of Skin Diseases in Paediatric Population an observational study from a tertiary care hospital	Dr. Zahra Arooba
12:25 pm to 12:35 pm	Efficacy and Safety of combined Oral Propranolol, oral Prednisolone and topical Timolol Versus Combination of oral Propranolol plus topical Timolol in treating Infantile Hemangioma	Dr. Aqsa Rafique
12:35 pm to 01:00 pm	PAEDS Focus Group Discussion	

FRIDAY - 15TH NOVEMBER, 2024

HALL B

PARALLEL SESSION 3

11:30 AM – 01:00 PM

FREE PAPERS

Panel of Experts: Prof. Uzma Ahsan, Dr. Humaira Talat, Dr. Zahid Rafique,
Dr. Hina Mazhar, Dr. Madiha Sanai, Dr. Uzair Qureshi

Moderators: Dr. Ummara Rafique, Dr. Sajida Kousar

TIME	TITLE	SPEAKER
11:30 am to 11:40 am	An Audit of Dermatopathology Training Program for Dermatology Residents in Pakistan	Dr. Hira Tariq
11:40 am to 11:50 am	Unlocking Clear Skin: The Power of Combined Treatments for Post-Acne Scars	Dr. Wajeeha Nusrat
11:50 am to 12:00 pm	RF Micro-Needling for Acne Scars: Insulated vs Non-insulated Needles	Dr. Abid Hussain
12:00 pm to 12:10 pm	Bakuchiol as Anti-Ageing (HYPE VS REALITY)	Dr. Asma Bano
12:10 pm to 12:20 pm	Comparison of Efficacy of Narrow Band UVB Phototherapy with Emollients in Uremic Pruritus Patients	Dr. Humaira Kousar
12:20 pm to 12:30 pm	Treatment of Keloids with Low Dose Intralesional 5-Fluorouracil Plus Steroids	Dr. Nadia Ali
12:30 pm to 12:40 pm	Efficacy of 35% Glycolic Acid Peel Combined with Micro Needling for the Treatment of Atrophic Acne Scars	Dr. Rabia Ameer Ali
12:40 pm to 01:00 pm	Panel Discussion (Q &A)	

Jumma Prayer & Lunch Break
01:00pm to 02:30pm

FRIDAY - 15TH NOVEMBER, 2024

HALL A

PARALLEL SESSION 4

02:30 PM – 03:30 PM

DERMATOAESTHETICS

Panel of Experts: Prof. Safoora Amir, Prof. Atif Shahzad, Dr. Luqman Ahmed, Dr. Wajiha Saeed, Dr. Sadaf Asim, Dr. Rabia Hayat

Moderators: Dr. Tooba Awan, Dr. Salma Naeem

TIME	TITLE	SPEAKER
02:30 pm to 02:45 pm	Botulinum toxin A; Use in treatment of hemifacial spasms	Dr. Nighat Kashif
02:45 pm to 03:00 pm	Lip And Chin Beautification	Dr. Kalsoom Jawaid
03:00 pm to 03:10 pm	Refining Elegance: Neck Rejuvenation with Aesthetic Amalgamation	Dr. Ashba Nasir Cheema
03:10 pm to 03:20 pm	Aesthetic Facial Neuromodulation	Dr. Asma Tariq
03:20 pm to 03:30 pm	Panel Discussion (Q &A)	

HALL B

PARALLEL SESSION 4

02:30 PM – 04:00 PM

INNOVATIONS IN AESTHETIC DERMATOLOGY MASTERING THE BUDDING TECHNIQUES

Panel of Experts: Prof. Zahida Rani, Dr. Afzal Lodhi, Dr. Shawana Sharif, Dr. Neelam Ayub, Dr. Ghazala Butt, Dr. Najjia Ashraf, Dr. Mahwish Zahoor

Moderators: Dr. Shaiqa Mufti, Dr. Sana Younas

TIME	TITLE	SPEAKER
02:30 pm to 02:40 pm	Traptox	Dr. Saadiya Siddique
02:40 pm to 02:50 pm	Clinical Evaluation of the Efficacy and Safety of Double Needle Thread Lift for Facial Contouring	Dr. Tahir Kamal
02:50 pm to 03:00 pm	Nano Fat for Skin Rejuvenation "The Hidden Treasure"	Dr. Shaiqa Ali

03:00 pm to 03:10 pm	"All around eyes" an insight into periorbital rejuvenation	Dr. Eima Shaheen
03:10 pm to 03:30 pm	Live Demo: Threads	Dr. Tahir Kamal
03:30 pm to 03:50 pm	Live Demo: Periorbital Rejuvenation	Dr. Eima Shaheen
03:50 pm to 04:00 pm	Panel Discussion (Q &A)	

HALL C

PARALLEL SESSION 4

02:30 PM – 03:30 PM

HELIX PHARMA (WEBINAR ON EXOSOMES)

Panel of Experts: Prof. Haroon Nabi, Prof. Tariq Rashid, Dr. Perviz Iqbal, Dr. Sania Javed, Dr. Umer Orakzai, Dr. Seema Hirji, Dr. Kashif Sameen

Moderators: Dr. Alina Abbas, Dr. Basharat Gil

HALL A

PARALLEL SESSION 5

03:30 PM – 05:00 PM

CURRENT CONCEPTS IN VASCULAR THERAPIES

Panel of Experts: Prof. Naseema Kapadia, Prof. Iqbal Hussain Dogar, Dr. Sadia Tabassum, Dr. Nabeela Shahzadi, Dr. Khurshed Alvi

Moderators: Dr. Wasfa Hayat, Dr. Humaira Shamim

TIME	TITLE	SPEAKER
03:30 pm to 03:45 pm	Approach to Venous Leg Ulcer	Dr. Ilyas Sadiq
03:45 pm to 04:00 pm	Role of LASERS in vascular skin lesions	Prof. Haroon Nabi
04:00 pm to 04:15 pm	ADVALight Vascular lasers for acne, birthmarks, port wine stains, rejuvenation	Dr. Silvia Setiavan
04:15 pm to 04:30 pm	Comparative Efficacy of Oral Aspirin Pentoxifylline in the treatment of chronic ulcers due to arterial or venous insufficiency: A Randomized Controlled Trail	Dr. Tahir Kamal
04:30 pm to 05:00 pm	Live Demonstration of Sclerotherapy	Dr. Ilyas Sadiq

HALL B

PARALLEL SESSION 5

04:00 PM – 05:00 PM

PROCEDURAL DERMATOLOGY

Panel of Experts:

Prof. Khawar Khurshid, Prof. Azeem Jahangir, Dr. Saelah Batool

Dr. Saima Ilyas, Dr. Mahwish Zahoor, Dr. Tahir Shehzad, Dr. Riaz Mehmood Malik

Moderators:

Dr. Sadia Qayyum, Dr. Afifa Zahra

TIME	TITLE	SPEAKER
04:00 pm to 04:20 pm	Beauty vs Science of Fat grafting and stem cells for Skin Rejuvenation	Prof. Farid Ahmed Khan
04:20 pm to 04:30 pm	PRP in Androgenic Alopecia	Dr. Sadia Qayyum
04:30 pm to 04:50 pm	Stem Cell Therapy	Dr. Bushra Bashir
04:50 pm to 05:00 pm	Panel Discussion (Q &A)	

HALL C

PARALLEL SESSION 5

03:30 PM – 04:00 PM

ATCO: QUIZ FOR PGRS

HALL C

PARALLEL SESSION 5

04:00 PM – 05:00 PM

WERRICK PHARMA

THE ONE DERMATOLOGIST LEAGUE FINAL ROUND (COMPETITION FOR PGRS)

Panel of Experts:

Dr. Muhammad Shahid, Dr. Irfan Sheikh, Prof. Rabia Ghafoor, Dr. Majid Paracha

SATURDAY - 16TH NOVEMBER, 2024

HALL A

PARALLEL SESSION 1

08:30 AM - 10:00 AM

IMMUNODERMATOLOGY

Panel of Experts: Prof. Ghulam Mujtaba, Prof. Arif Maan, Prof. Aneela Asghar, Dr. Afaq Ahmed, Dr. Badar Dhanani, Dr. Saadia Masood, Prof. Muhammad Haroon

Moderators: Dr. Muneefa Noor, Dr. Maria Anwar

TIME	TITLE	SPEAKER
08:30 am to 08:40 am	Levels of Alpha 1 Anti-Trypsin Levels and Respiratory Functions in Patients with Pemphigus Vulgaris	Dr. Tahir Kamal
08:40 am to 08:50 am	Correlation and assessment of vitamin D deficiency with disease severity in patients suffering from pemphigus vulgaris	Dr. Muhammad Majid Paracha
08:50 am to 09:00 am	Optimizing Management of Bullous Diseases in Elderly Population	Dr. Naima Niaz
09:00 am to 09:15 am	Comparative Efficacy of Pulse Therapy versus Conventional Therapy in Pemphigus Vulgaris: A Randomized Controlled Trial	Prof. Rabia Ghafoor
09:15 am to 09:30 am	JAK Inhibitors in Alopecia Areata: Unraveling Novel Therapeutic Avenues	Maj. Gen. Zafar Iqbal Shaikh
09:30 am to 09:45 am	Diagnostic and Therapeutic challenges in Autoimmune Bullous Diseases: A case Based Approach	Prof. Mahmood Noor
09:45 am to 10:00 am	Panel Discussion (Q &A)	

SATURDAY - 16TH NOVEMBER, 2024

HALL B

PARALLEL SESSION 1

08:30 AM - 10:00 AM

INNOVATIONS IN SKIN AESTHETICS

Panel of Experts: Prof. Zarnaz Wahid, Dr. Armeela Hamayun, Dr. Ali Kazmi, Dr. Azer Rashid, Dr. Shoukat Amirzada, Dr. Naeem Iqbal, Dr. Uzma Ali

Moderators: Dr. Aliza Hamdani, Dr. Sehrish Khalid

TIME	TITLE	SPEAKER
08:30 am to 08:40 am	Efficacy of Topical Cysteamine Vs Topical Triple Combination Therapy in The Treatment Of Melasma: An Interventional Trial	Dr. Sehrish Ashraf
08:40 am to 08:50 am	Liquid Rhinoplasty	Dr. Khurram Shehzad
08:50 am to 09:05 am	Granuloma Formation following filler Injection and understanding pathogenesis and treatment approaches	Dr. Muneeza Rizwan
09:05 am to 09:20 am	Body dysmorphic Disorder: Is It Good or Bad for Aesthetic Practice?	Brig. Asher Ahmed Mashhood
09:20 am to 09:35 am	Anatomy of Aging Face	Prof. Shahid Javed Akhtar
09:35 am to 09:50 am	Relationship of Periorbital Melanosis with Pigmentary Demarcation Line-F	Dr. Muhammad Shahid
09:50 am to 10:00 am	Panel Discussion (Q &A)	

SATURDAY - 16TH NOVEMBER, 2024

HALL C

PARALLEL SESSION 1

09:30 AM - 11:00 AM

UNDERSTANDING ACNE TREATMENTS

Panel of Experts: Dr. Muhammad Khalid, Dr. Abdul Mannan Bhutto, Dr. Abdul Rafique Sami,
 Dr. Tahir Anis, Dr. Tanzeela Khalid, Maj. Ayesha Akhtar

Moderators: Dr. Shazia Sarfraz, Dr. Zoya Khalid

TIME	TITLE	SPEAKER
09:30 am to 09:40 am	Comparison Of Efficacy of Topical 5% Dapsone Versus 1% Clindamycin In Mild To Moderate Acne Vulgaris	Dr. Amna Mehmood
09:40 am to 09:50 am	To Determine The Efficacy Of 5% Topical Dapsone In The Treatment Of Acne Vulgaris	Dr. Sarah Arif
09:50 am to 10:00 am	Innovations in Post Acne Scar Treatment: Evidence Based Strategies for Dermatologists	Dr. Ayesha Rizwan
10:00 am to 10:10 am	Frequency of Helicobacter Pylori Infection In Patients of Acne Vulgaris	Dr. Zonish Sharjeel
10:10 am to 10:20 am	Assessment of quality of life in patients of moderate to severe acne	Dr. Danish Younas
10:20 am to 10:30 am	Efficacy And Safety Of Topical Spironolactone Versus Topical Clindamycin In Treatment Of Acne Vulgaris: A Split Face Study	Dr. Ameerah Khan
10:30 am to 10:40 am	Efficacy And Safety Of Topical Metformin Versus Kligman's Formula In Treatment Of Melasma- A Split Face Study	Dr. Eman Ayesha
10:40 am to 11:00 am	Panel Discussion (Q &A)	

SATURDAY - 16TH NOVEMBER, 2024

HALL A

PARALLEL SESSION 2

10:00 AM – 11:30 AM

INFECTIOUS INSIGHTS: ADVANCES IN DISEASE CONTROL

Panel of Experts: Prof. Atif Kazmi, Prof. Rabia Ghafoor, Dr. Iqbal Tareen, Dr. Abdul Malik Tareen, Dr. Seemi Bir Rehman, Dr. Zahid Sheikh, Dr. Syed Bilal Shams, Dr. Nuzhat Tirmazi

Moderators: Dr. Shaista Umbreen, Dr. Khadija Malik

TIME	TITLE	SPEAKER
10:00 am to 10:05 am	Tribute Video of Dr. Christine Schmotzer (Medical Director of Aid to Leprosy Hospital, Rawalpindi)	
10:05 am to 10:20 am	Evidence based management of scabies: Enhancing clinical outcomes and patient well being	Dr. Farzeen Nasir (Maldives)
10:20 am to 10:35 am	A Comprehensive Talk About Superficial Fungal Infections, Drug Resistance and Update on Therapeutic Approach	Prof. Zahida Rani
10:35 am to 10:45 am	Efficacy of Oral Voriconazole Versus Oral Itraconazole in the Treatment of Recalcitrant Dermatophyte Infections	Prof. Najia Ahmed
10:45 am to 10:55 am	Efficacy of Intraconazole Pulse Therapy With Adjuvant Isotretinoin In The Treatment of Recurrent And Recalcitrant Dermatophytosis	Dr. Annum Ashraf
10:55 am to 11:05 am	Dermatological Health In Slums; An Underrated Problem of A Marginalized Population In Pakistan	Dr. Hira Tariq
11:05 am to 11:15 am	Comparison of PRP gel dressing & Glucantime therapy combined, with Glucantime Monotherapy in the treatment of ulcerated Cutaneous Leishmaniasis. A search for rapid ulcer healing	Maj. Dr. Muhammad Anjum
11:15 am to 11:25 am	Efficacy of Terbinafine versus Itraconazole in the treatment of Tinea Corporis	Dr. Samreen Hafeez
11:25 am to 11:30 am	Panel Discussion (Q &A)	

SATURDAY - 16TH NOVEMBER, 2024

HALL B

PARALLEL SESSION 2

10:00 AM - 11:30 AM

**FROM GERMS TO IMMUNITY:
A DEEP DIVE INTO INFECTIOUS DISEASES**

Panel of Experts: Prof. Zubair Khan, Prof. Jameel Shaheen, Dr. Riaz Khan, Dr. Ahmed Gardezi,
Dr. Reema Mirza, Dr. Javed Memon, Dr. Shagufta Shafi

Moderators: Dr. Aqsa Zubair, Dr. Rabia Shauket

TIME	TITLE	SPEAKER
10:00 am to 10:15 am	Safe use of Steroids	Brig. Naeem Raza
10:15 am to 10:30 am	Multidrug-Resistant Cutaneous Tuberculosis: A Challenge to Dermatologist	Dr. Humaira Talat
10:30 am to 10:40 am	Shingles and its Complications	Prof. Haroon Nabi
10:40 am to 10:50 am	Amitriptyline: An effective intervention in Post-herpetic neuralgia prevention? Evidence from a randomized control trial	Dr. Farah Sagheer
10:50 am to 11:00 am	The factors effecting the outcomes in adult Pakistani chicken pox patients	Dr. Ahsan Tameez Ud Din
11:00 am to 11:10 am	Comparison of the Effectiveness and safety of intralesional Vitamin D3 with BCG vaccine in the treatment of plantar warts	Dr. Rana Muhammad Arslan Anwar
11:10 am to 11:20 am	Effectiveness of Intralesional Vitamin D3 In Treatment of Plantar Warts	Dr. Maryiam Ali Wahla
11:20 am to 11:30 am	Panel Discussion (Q &A)	

SATURDAY - 16TH NOVEMBER, 2024

HALL C

PARALLEL SESSION 2

11:00 AM – 12:30 PM

FREE PAPERS

Panel of Experts: Dr. Farid Sheikh, Dr. Attiya Tareen, Dr. Majid Paracha, Dr. Shagufta Shafi,
Dr. Abid Hussain, Dr. Ayesha Jamil

Moderators: Dr. Zaeema Naseer, Dr. Annum Ashraf

TIME	TITLE	SPEAKER
11:00 am to 11:10 am	Basal Cell Carcinoma Excision "Intraoperative Frozen Section for Tumor Clearance and Reconstructive Surgery" A prospective open label interventional study	Prof. Moizza Tahir
11:10 am to 11:20 am	Efficacy and Safety of Exosomes Vs Platelet Rich Plasma in Androgenetic Alopecia	Dr. Alina Abbass
11:20 am to 11:30 am	Advances in Melanoma Treatment Expanding options and improving outcomes	Dr. Shaheen Naveed
11:30 am to 11:40 am	Ozempic Face- Blending Biostimulators to Achieve Volume Restoration	Dr. Kashif Ali
11:40 am to 11:50 am	Electrosurgical Facial Revival	Dr. Zil e Huma
11:50 am to 12:00 pm	Trichoscopic Evaluation of Therapeutic Response To Oral Tofacitinib Therapy In The Treatment of Alopecia Areata	Dr. Ameera Khan
12:00 pm to 12:10 pm	A cross-sectional study to evaluate dermoscopic patterns in pityriasis versicolor	Dr. Shariqa Khan
12:10 pm to 12:20 pm	Outcome of Mesotherapy with Topical Tranexamic Acid in Patients with Melasma	Dr. Zahra Fatima
12:20 pm to 12:30 pm	Panel Discussion (Q &A)	

SATURDAY - 16TH NOVEMBER, 2024

HALL A

PARALLEL SESSION 3

11:30 AM - 01:00 PM

EDUCATIONAL PEARLS FOR CLINICIANS

Panel of Experts: Prof. Tariq Rasheed, Prof. Tariq Zaman, Prof. Shams Uddin, Brig. Naeem Raza,
 Dr. Muneza Rizwan, Dr. Uzma Ali

Moderators: Dr. Uzma Mirza, Dr. Rabia Mukhtar

TIME	TITLE	SPEAKER
11:30 am to 11:45 am	Navigating the Challenges from Manuscript Submission to Publication	Brig. Dr. Arfan ul Bari
11:45 am to 12:00 pm	Exploring written communication skills of doctors for optimal patient care and professional collaboration	Prof. Abdur Rahim Khan Bangash
12:00 pm to 12:15 pm	An Insight into Qualitative Research	Prof. Uzma Ahsan
12:15 pm to 12:30 pm	Microlearning in Dermatology Postgraduate education: A Novel Approach To Enhance Knowledge retention and Clinical Skills	Prof. Rabia Ghafoor
12:30 pm to 12:40 pm	Tele-dermatology and face-to-face visits: A comparative analysis of patient satisfaction and adoption	Dr. Aiman Hashmi
12:40 pm to 01:00 pm	Panel Discussion (Q &A)	

SATURDAY - 16TH NOVEMBER, 2024

HALL B

PARALLEL SESSION 3

11:30 AM – 01:00 PM

IMMUNE MEDIATED DERMATOSES

Panel of Experts: Prof. Faria Asad, Prof. Mahmood Noor, Dr. Afshan Kalim, Dr. Sakina Sadiq,
 Dr. Kehkeshan Tahir, Dr. S.K. Niazi

Moderators: Dr. Ashba Cheema, Dr. Umar Mushtaq

TIME	TITLE	SPEAKER
11:30 am to 11:45 am	Novel Therapeutic Approaches for Hand Dermatitis: Expanding the Armamentarium of Treatment options	Dr. Uzma Sarwar
11:45 am to 12:00 pm	Adolopment of Atopic dermatitis (Eczema) management guidelines for Pakistan and LMICs	Dr. Sakina Sadiq Malik
12:00 pm to 12:15 pm	Efficacy And Safety Of Infliximab Biosimilar In Treatment Of Skin Psoriasis, Nail Psoriasis And Psoriatic Arthritis; A Single-Arm Clinical Trial	Dr. Hira Tariq
12:15 pm to 12:25 pm	Comparison of efficacy of apremilast versus methotrexate+ apremilast in chronic plaque psoriasis	Dr. Masooma Zafar
12:25 pm to 12:35 pm	Efficacy of intralesional injection of platelet rich plasma in combination with Methotrexate in chronic plaque psoriasis	Dr. Maria Anwar
12:35 pm to 12:45 pm	Juvenile Dermatomyositis: New Clues to Diagnosis and Therapy	Dr. Ayesha Anwar
12:45 pm to 01:00 pm	Panel Discussion (Q &A)	

HALL C

PARALLEL SESSION 3

12:30 PM – 01:30 PM

PAD EXECUTIVE COMMITTEE MEETING

Lunch & Prayer Break
01:00pm to 02:00pm

SATURDAY - 16TH NOVEMBER, 2024

HALL A

PARALLEL SESSION 4

02:00 PM – 03:30 PM

THERAPEUTIC APPROACHES TO HAIR DISORDERS

Panel of Experts: Prof. Shahid Javed Akhtar, Brig. Asher Ahmed Mashhood, Dr. Irfan Tareen,
 Dr. Shakila Yousaf, Dr. Aliya Akhtar, Dr. Amir Habib

Moderators: Dr. Nauman Bukhari, Dr. Khansa Ismail

TIME	TITLE	SPEAKER
02:00 pm to 02:15 pm	Paradim Shift in Treatment of alopecia areata	Dr. Sara Inayat
02:15 pm to 02:30 pm	Comparison of vitamin D and Calcium levels and its association with extent and severity of alopecia areata among patients	Dr. Nida Nadeem
02:30 pm to 02:45 pm	Efficacy and safety of tofacitinib in alopecia areata	Dr. Shariqa Khan
02:45 pm to 03:00 pm	Efficacy of topical calcipotriol 0.005% for the treatment of alopecia areata	Dr. Mahin Ghayas
03:00 pm to 03:15 pm	Efficacy of weekly oral azathioprine in the treatment of alopecia areata	Dr. Sara Khan
03:15 pm to 03:30 pm	Panel Discussion (Q &A)	

SATURDAY - 16TH NOVEMBER, 2024

HALL B

PARALLEL SESSION 4

02:00 PM – 03:30 PM

NON-SURGICAL SKIN INTERVENTIONS

Panel of Experts: Prof. Nadeem Kasuri, Dr. Haseeb Sajjad, Dr. Faisal Khilji, Dr. Shakeel Khatri,
 Dr. Mushtaq Memon, Dr. Sheeraz Dawaach

Moderators: Dr. Amina Safdar, Dr. Ayesha Rana

TIME	TITLE	SPEAKER
02:00 pm to 02:15 pm	Telogen Effluvium	Dr. Sadia Masood
02:15 pm to 02:30 pm	Facial Field Blocks: Anatomical Insights	Prof. Moiza Tahir
02:30 pm to 02:40 pm	HS Hope: Latest Advances and Innovations in Hidradenitis Suppurativa Treatment	Prof. Rabia Ghafoor
02:40 pm to 02:50 pm	Comparison of efficacy of PRP vs topical minoxidil in the treatment of nail androgenetic alopecia	Dr. Shawana Sharif
02:50 pm to 03:00 pm	Effectiveness Of Oral Bicalutamide Treatment In Patients Suffering From Female Pattern Hair Loss	Dr. Alina Ikram
03:00 pm to 03:10 pm	Comparison of Outcome of Micro needling with Autologous Platelet Rich Plasma Versus Microneedling with topical insulin in the treatment of Post-acne Atrophic Scars	Dr. Sara Mubeen
03:10 pm to 03:20 pm	Comparison of Efficacy of micro-needling alone and micro-needling with 30% glycolic acid peel in atrophic acne scars	Dr. Summaya Jahangir
03:20 pm to 03:30 pm	Panel Discussion (Q &A)	

SATURDAY - 16TH NOVEMBER, 2024

HALL C

PARALLEL SESSION 4

02:30 PM - 04:00 PM

**ELEVATING THE BAR - LEADERS IN IMMUNO-DERMATOLOGY
(NOVARTIS INDUSTRY SYMPOSIUM)**

Panelists: Maj. Gen. Zafar Iqbal Shaikh, Prof. Tariq Rasheed,
Prof. Sahibzada Mahmood Noor, Dr. Syeda Shahmoona Tirmizi

Moderators: Prof. Haroon Nabi

TIME	TITLE	SPEAKER
02:30 pm to 02:40 pm	Psoriasis – Case Studies	Dr. Sania Javaid
02:40 pm to 03:05 pm	Holistic Management of Psoriatic Disease from HE&OR perspective (Virtual)	Prof. Matthias Augustin
03:05 pm to 03:15 pm	Secukinumab in Dermatological diseases	Dr. Neha Rana
03:15 pm to 03:40 pm	Atypical cases of HS & treatment challenges (Virtual)	Prof. Matthias Augustin
03:40 pm to 03:50 pm	Severe Hidradenitis Suppurativa Treated with Injection Secukinumab	Brig. (R) Asher Ahmed Mashhood
03:50 pm to 04:00 pm	Panel Discussion (Q &A)	

SATURDAY - 16TH NOVEMBER, 2024

HALL A

PARALLEL SESSION 5

03:30 PM – 04:30 PM

EPILUMINESCENCE MICROSCOPY

Panel of Experts: Dr. Huma Jaffer, Dr. Tasneem Nakhuda, Dr. Mansoor Haider, Dr. Manzoor Memon,
Dr. Uzair Qureshi, Dr. Shazia Zubair, Dr. Shadia Amir

Moderators: Dr. Mariyam Ali Wahla, Dr. Eima Shaheen

TIME	TITLE	SPEAKER
03:30 pm to 03:40 pm	To find the frequency of various dermatoscopic features in clinically diagnosed cases of plaque psoriasis	Dr. Muhammad Wajahat
03:40 pm to 03:50 pm	Determination of Association between Onychoscopy Features and Nail Plate Potassium Hydroxide Test Positivity in Diagnosis of Onychomycosis: A Cross-Sectional Study	Dr. Khubaib Tahir
03:50 pm to 04:00 pm	Frequency Of Various Dermoscopic Patterns of Pityriasis Versicolor	Dr. Javeria Bushra Tauqeer
04:00 pm to 04:10 pm	Dermoscopic assessment of nailfold capillary patterns in different autoimmune connective tissue diseases	Dr. Eman Ayesha
04:10 pm to 04:20 pm	Nail Psoriasis: A Comparative Study Between Dermoscopic and Clinical NAPS I Scoring	Dr. Mahnoor Tahir
04:20 pm to 04:30 pm	Panel Discussion (Q &A)	

SATURDAY - 16TH NOVEMBER, 2024

HALL B

PARALLEL SESSION 5

04:00 PM – 08:00 PM

PAD GENERAL BODY MEETING

HALL A

PARALLEL SESSION 6

04:30 PM – 05:15 PM

BIOLOGICS IN PAEDIATRIC DERMATOSES

Panel of Experts: Dr. Sumera Hanif, Dr. Maryam Saeed, Dr. Raheel Tahir,
Dr. Umair Bajwa

Moderators: Dr. Hira Fatima, Dr. Nayab Dugal

TIME	TITLE	SPEAKER
04:30 pm to 04:45 pm	Role of Biologics in Paediatric Population	Prof. Nadia Ali Azfar
04:45 pm to 05:00 pm	Role of Secukinumab in Psoriasis with special emphasis on Paediatric Population	Dr. Kalsoom Jawaid
05:00 pm to 05:15 pm	Psoriatic Disease and Metabolic Syndrome: Importance of Tight Disease Control	Prof. Muhammad Haroon

SUNDAY - 17TH NOVEMBER, 2024

AESTHETIC SUNDAY

HALL A

SESSION 1

08:30 AM - 09:45 AM

ADVANCING DERMATOLOGY

Panel of Experts: Prof. Atif Kazmi, Maj. Gen. Zafar Iqbal Shaikh, Prof. Tahir Jamil,
 Prof. Shahid Javed Akhtar, Prof. Faria Asad

Moderators: Prof. Haroon Nabi, Dr. Afzal Lodhi

TIME	TITLE	SPEAKER
08:30 am to 09:05 am	Live Demonstration: Visualizing beneath the surface: Ultrasound guided injections	Dr. Roya Zarmehr Dr. Haroon Nabi Dr. Afzal Lodhi
09:05 am to 09:15 am	Dermatosurgery: Tips and pearls	Dr. Bilal Shams
09:15 am to 09:25 am	AI: Friend or foe of Dermatology	Dr. Najjia Ashraf
09:25 am to 09:45 am	Renvix Science The science of skin microbiome and epigenetics for advanced skin regeneration	Dr. Robert Youssef

SUNDAY - 17TH NOVEMBER, 2024

HALL A

SESSION 2

09:45 AM - 11:00 AM

HAIR SESSION

Panel of Experts: Prof. Azeem Jahangir, Prof. Safoora Amir, Prof. Nadia Ali Azfar,
Prof. Uzma Ahsan, Prof. Atif Shahzad

Moderators: Prof. Haroon Nabi, Dr. Afzal Lodhi

TIME	TITLE	SPEAKER
09:45 am to 10:30 am	Exosomes myths demystified	Dr. Linka Matos Dr. Habib Torfi
10:30 am to 10:45 am	Hybrid management of androgenetic alopecia	Dr. Humayan Mohmand
10:45 am to 11:00 am	Coffee with live demonstration of Prophilos Structura & Allure	Dr. Tasneem Nakhoda Dr. Neelam Ayub Prof. Haroon Nabi

SUNDAY - 17TH NOVEMBER, 2024

HALL A

SESSION 3

11:00 AM - 01:05 PM

FACIAL CONTOURING SESSION

Panel of Experts: Prof. Ijaz Hussain, Prof. Tariq Rasheed, Dr. Arfan-ul-Bari,
 Prof. Lamees Mahmood Malik, Dr. Najia Ashraf

Moderators: Prof. Haroon Nabi, Dr. Afzal Lodhi

TIME	TITLE	SPEAKER
11:00 am to 11:30 am	Facial Sonoantomy and Filler Rheology Unveiling the science of sculpted beauty	Dr. Roya Zarmehr
11:30 am to 11:40 am	Botulex for Facial Reshaping	Dr. Shazia Zubair
11:40 am to 12:10 pm	Pan-Facial Transformation The new era of biostimulatory fillers Live Demonstration	Dr. Roya Zarmehr Zamin
12:10 pm to 12:25 pm	Liposuction and Fat Grafting for Face Rejuvenation and Breast Augmentation	Prof. Dr. Azeem Jahangir
12:25 pm to 12:35 pm	Blindness associated with Dermal Fillers	Brig. (R) Dr. Asher Mashhood
12:35 pm to 01:05 pm	Enzyme Based Treatments for Localised Fat, Cellulite, Rejuvenation, Stretch Marks and Pigmentation- PB Serum Live Demonstration	Dr. Nuria Gomez

SUNDAY - 17TH NOVEMBER, 2024

HALL A

SESSION 4

01:05 PM - 02:00 PM

**CRISIS TO CURE: MANAGING UNEXPECTED
OUTCOMES IN AESTHETIC PROCEDURES**

Moderators: Prof. Haroon Nabi, Dr. Afzal Lodhi

TIME	TITLE	SPEAKER
01:05 pm to 02:00 pm	Panel Discussion	Dr. Afzal Lodhi Dr. Tasneem Nakhoda Dr. Najia Ashraf Prof. Dr. Atif Shahzad Prof. Dr. Azeem Jahangir Dr. Neelum Ayub Brig. (R) Dr. Asher Mashhood Dr. Shazia Zubair Prof. Mahmood Noor Dr. Bilal Shams